

# Spotlight on... Newcastle Emllyn

THE heart of Newcastle Emllyn continues to build a reputation as one of the most interesting and unique small town shopping experiences in West Wales. In part, this is due to its compact size and convenience, but its real attraction is the variety of individual small shops and businesses which attract visitors and locals alike.

A shopper looking for daily needs will find first class butchers, bakers, organic greens, delis and well-stocked grocery stores.

There are specialist shops too for everyone from the home decorator, the gardener and the artist to the serious fashionista and the working farmer. Newcastle Emllyn has a reputation for its gift shops where everything from classy tableware to quirky bric-a-brac can be found and its fashion shops are a great attraction too.

There are several excellent coffee shops when you need to take the weight off your feet and when you've had sufficient retail therapy – so come and enjoy a great day out shopping.

## CANTREF

Mae gan Cantref bron i 1,400 o gartrefi ar rent ac mae'n darparu gwasanaethau lletya i bron i 3,500 o bobl ar draws pedwar awdurdod lleol: Ceredigion, Sir Benfro, Sir Gaerfyrddin a Phowys.

Mae Cantref yn darparu cartrefi ar gyfer teuluoedd, pobl ifanc, yr henoed ac unrhyw grwp bregus arall gan roi cymorth iddynt fyw yn y gymuned. Dros y 2 flynedd nesaf bydd Cantref yn datblygu dros 140 o gartrefi newydd.

Mae gweithio mewn partneriaeth ac adeiladu cymunedau cryfach yn mynd gyda'i gilydd i

Cantref, ac fe brofwyd hyn adeg eu digwyddiad 5k, a ddenodd 250 i gymryd rhan i hybu 'Egri'r Fro'.

Nod Cantref yw sicrhau cyfle cyfartal a thriniaeth deg i bawb a gweithredu polisi dwyieithog i ddelio â chwsmeriaid yn eu dewis iaith.

Cantref has about 1,400 homes for rent and provides housing services for almost 3,500 people across four local authority areas: Ceredigion, Pembrokeshire, Carmarthenshire and Powys.

Cantref provides homes for families, young people, the elderly and any other vulnerable group

supporting them to live in the community. During the next two years Cantref will be developing over 140 new homes.

Partnership working and building stronger communities go hand in hand for Cantref, demonstrated by its 5k event, attracting 250 participants promoting 'Community Energy'.

Cantref aims to ensure equality of opportunity and fair treatment for everybody and operate a bilingual policy dealing with customers in the language of their choice.



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## BE METALWORKS

CASTLE View Forge Station Road Newcastle Emllyn was established in 1994 by Barry Evans, who specialises in hand-crafted metalwork for homes and gardens – from weather vanes and garden furniture to bedsteads.

He undertakes special commissions for items made to your specifications.

He carries on the tradition of the village blacksmith in making and repairing items such as the metal parts of a combine harvester or lawnmower.

A local example of his work for all to see is the finely crafted bridge over the River Teifi Llandysul.



**RENAISSANCE Beauty Salon** of Sycamore Street NC Emllyn Danielle Owens and her team offer a range of beauty treatments and massage.

If you have not tried hot stone massage you're in for a treat. Heated smooth flat stones are placed on key points of the body.

It is suited to people who tend to feel chilly or who have cold feet.

It is also suited to people who have muscle tension

but prefer a lighter massage.

Renaissance have a special offer for a back, neck, and shoulder massage for £22.50. A full body massage lasting 90 minutes is £47.

A new treatment is Bio Sculpture Gel for nails. This treatment offers you a manicured look that can last for three weeks.

To book your appointment/for more information tel Renaissance on 01239 710979.

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Sycamore St, Newcastle Emllyn

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## TEIFI TEAROOMS

in Sycamore Street is run by Susan Lowry and her daughter-in-law. They attribute the success of the business to their ethos of providing good, nutritious home-made food from locally sourced ingredients.

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## Yn falch i ddarparu...

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# Spotlight on... Newcastle Emllyn



### THE BAY TREE

Regular visitors to the Bay Tree Newcastle Emllyn will be pleased to know that following the retirement of Cherry and Terry Hammett it has been taken over by Helen Nolan, who worked with them and who is equally well known to regular customers who appreciate her friendly help and advice when choosing kitchen products.

In addition to the superb range of kitchen utensils and cookware, Helen has opened a new department on the first floor specialising in sugar craft and cake decorating supplies with a classroom where regular workshops will be held. Sugar Craft workshops will be starting on February 11 under the expert tutelage of Lyn Rees, the lecturer at Pibwrlwyd Technical College Carmarthen, who is a Gold winner at NEC International Cake Decorating competitions. The workshops will cover all areas of cake decorating from making sugar flowers to icing and modelling so come and hone those cake decorating skills



**LONDON HOUSE FASHIONS** in Water Street is one of Newcastle Emllyn's oldest businesses and was established in 1983 by Mrs Beryl Phillips and specialises in quality ladies' and gentlemen's wear and top quality schoolwear by Banner and Trutex for local schools Ysgol Gyfun Emllyn and Ysgol Dyffryn Teifi. Mrs Phillips attributes the success and longevity of the business to good customer care and the high quality of the clothes she sells.

Whether you're looking for an outfit for that special occasion or more casual wear you're sure to find it here. Good underwear can make or mar the look of an outfit and Mrs Phillips has an excellent range of lingerie and figure shaping underwear to help your special outfit look its best. Gentlemen are not forgotten, with a range of menswear by such well-known makes as Wolsey, Gurteen and Raelbrook. So come and browse at London House where good quality is always in fashion!



### TIVY HALL

THE beautiful old building of Tivy Hall with its gorgeous stained glass window was a dentists, then a drug store before being taken over in 1983 by Mr and Mrs Little and family.

For those in the know, it is the first port of call when searching for that gift with a difference for that special someone. When you have found your chosen gift, you will also find all the finishing touches to make it look special, too. Tivy Hall has a wide range of wrapping paper and beautiful cards.

You can choose from a unique selection of jewellery, trinket boxes, scented candles, lovely figurines and much more.

## Unique Gift Ideas

At Tivy Hall we have a wide variety of unique gifts - from candles and flowers to ornaments & cards



**Tivy Hall,  
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### HEATING AND BOILERS

of Water Street, is a family-run business, established in 1984, with Gas Safe, OFTEC and HETAS-registered engineers.

They install, service and repair air/ground-source heat pumps, solar panels, underfloor heating, gas and oil boilers, fires and cookers throughout Carmarthenshire, Ceredigion and Pembrokeshire.

They have a large, well-established customer base, including local councils, caravan parks, guest houses and private customers.

They offer a free, no-obligation quotation service and can work to plans for new-build properties, conversions.

Their retail shop displays a number of fires and cookers and they have recently opened a renewable energy showroom.

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